11TH INTERNATIONAL CONFERENCE OF INDIAN ACADEMY OF HEALTH PSYCHOLOGY

(11th ICIAHP-2026)

IAHP Phuket

www.iahp.health

OCTOBER 26TH-28TH, 2026

Thavorn Palm Beach Resort,
Karon Beach, Phuket,
Thailand

Focal Theme

Families in Transition: Psychological Pathways Across Cultures

Organised by:

INDIAN ACADEMY OF HEALTH PSYCHOLOGY, INDIA

In Collaboration with:

INDIAN INSTITUTE OF PSYCHOLOGY (IIP) NOIDA, INDIA

Platinum Sponsor

PRASAD PSYCHO®

11TH INTERNATIONAL CONFERENCE OF INDIAN ACADEMY OF HEALTH PSYCHOLOGY

On behalf of the Organizing Committee of the **11th International Conference** of the Indian Academy of Health Psychology **(11th ICIAHP-2026),** it gives me immense pleasure to invite you to the **11th ICIAHP-2026,** to be held from **26th to 28th October 2026 in Phuket, Thailand**-a dynamic global city known for its vibrant culture and world-class attractions.

The focal theme of the conference, **"Family Transitions in a Changing World: Psychological Pathways Across Cultures",** highlights to explore how cognition, emotion, resilience, and interpersonal relationships shape adaptation to life-course family transitions. In an era marked by rapid social transformation and cultural shifts, this theme emphasizes the crucial role of health psychology in understanding and supporting families across diverse contexts.**11th ICIAHP-2026** will bring together leading scholars, researchers, clinicians, psychiatrists, academicians and students from around the world, providing a vibrant platform for meaningful dialogue, interdisciplinary collaboration, and the exchange of evidence-based knowledge that can influence the future of health and well-being. Over three enriching days, participants will engage in keynote addresses by eminent experts, symposia, workshops, panel discussions, paper presentations and interactive sessions designed to foster intellectual growth and professional networking.

On behalf of the Indian Academy of Health Psychology, I extend my heartfelt invitation to join us at this landmark event. Your presence and contributions will undoubtedly enhance the academic rigor and collective vision of the **11th ICIAHP-2026.**

We look forward to welcoming you to **Phuket** for an inspiring and memorable conference experience.

Prof. Anand Kumar
Conference Chairman

11th ICIAHP-2026
President, IAHP

Organizing Committee
(11th ICIAHP-2026)

Conference Chairman:
Prof. Anand Kumar
President, Indian Academy of Health Psychology (IAHP)

Organizing Secretary:
Dr. Kranti K. Srivastava
Director,
Indian Institute of Psychology, Noida

Conference Convener (Malaysia)
Dr. Aqeel Khan
Associate Professor,
University of Technology Malaysia

Conference Convener (Thailand)
Dr. Parvathy Varma
Director,
Graduate Programs in Counseling Psychology,
Assumption University of Thailand

Conference Convener (Middle East)
Dr. Sonakshi Ruhela
Founder,
You Matter Consulting Services, UAE

Supportive Collaborations
(11th ICIAHP-2026)

American Psychological Association

Birthing The New Humanity

Psychowaves Advance Psychological Services

Middle East Psychological Association (MEPA)

Academy of Hypnosis

Association of Psychologists in Nepal

World Without Anger (WWA)

Clinical Psychology Society of India

Community Psychology Association of India (CPAI)

You Matter Consulting Services

Counsellor Council of India

IAHP CORE COMMITTEE

(11th ICIAHP-2026)

Prof. Anand Kumar
President, IAHP

Prof. Amool Ranjan Singh
Vice President, IAHP

Dr. Ashok Rai
Secretary General, IAHP

Prof. Rakesh Jain
Joint Secretary, IAHP

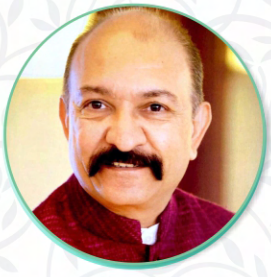
Dr. B. C. Kar
Finance Secretary, IAHP

Dr. Kranti K. Srivastava
Regional Secretary, North

Dr. Sudipta Roy
Regional Secretary, West

Dr. Salony Priya
Regional Secretary, East

Prof. Kamyani Mathur
EC member, IAHP



Prof. Samir Patel
EC member, IAHP

Prof. O. P. Sharma
EC member, IAHP

Dr. Vismita Paliwal
EC member, IAHP

Dr. Dimpy Mahanta
EC member, IAHP

Dr. Vijendra Nath Pathak
EC member, IAHP

Kajal Vishwakarma
National Coordinator, IAHP

INTERNATIONAL SPEAKERS

(11th ICIAHP-2026)

Julie Gerland-France
Co-Founder, Birthing the New Humanity (NTNH), France

Francois Gerland
Co-Founder, Birthing the New Humanity (BTNH), France

Dr. Narendra Thagunna
Vice President, APN, Nepal

Wail Abu Hassan
Health Psychologist, A.A. University, Palestine

Dr. Sonakshi Ruhela
Founder, You Matter Consulting Services, UAE

Dr. Parvathy Varma
Director, Graduate Programs in Counseling Psychology, Assumption University of Thailand

Dr. Aqeel Khan
Associate Professor, University of Technology Malaysia

NATIONAL SPEAKERS

(11th ICIAHP-2026)

Prof. Amool Ranjan Singh
Head, Deptt. of Clinical Psychology, Kanke, Ranchi, Jharkhand

Dr. Chinu Agrawal
Indian Society for Mental Health Advocacy and Action (ISMHAA), Professor Department of Psychology, SAM Global University, Bhopal, M.P.

Dr. Ashok Rai
Former National Vice President, Indian Medical Association, Founder Director, Indian Institute of Cerebral Palsy & Handicapped Children, Varanasi

Prof. Poornima Bhola
Department of Clinical Psychology NIMHANS, Bangalore

Prof. Gurdeep Singh
Former Joint Secretary & Head, Sports Division, Association of Indian Universities, New Delhi

Prof. Kamini Tanwar
HoD/Director, Amity Institute of Clinical Psychology, Amity University, Haryana

Prof. Ashima Nehra
Professor of Clinical Psychology (NSC) Neurosciences Centre, AIIMS, New Delhi

Prof. Sujatha Satapathy
Professor of Health Psychology, AIIMS, Delhi

Dr. Jamuna Rajeswaran
Retd. Professor & Head Dept. of Clinical Psychology, NIMHANS

About Indian Academy of Health Psychology (IAHP)

The **Indian Academy of Health Psychology (IAHP)** is a premier scientific and professional body dedicated to advancing the discipline of health psychology in India. Established to promote research, education, and practice, IAHP brings together academicians, clinicians, researchers, and students on a common platform to address the psychological aspects of health and well-being.

IAHP is committed to fostering awareness about the role of psychological science in promoting overall quality of life. It provides opportunities for professional networking, research collaboration, and knowledge exchange through its seminars, workshops, conferences, and publications. The IAHP E-Academy further strengthens this mission by hosting webinars, expert lectures, and panel discussions, ensuring that learning and dialogue continue beyond geographical boundaries.

Through its initiatives, IAHP emphasizes evidence-based practice, interdisciplinary collaboration, and the integration of psychology into healthcare systems. It also encourages young professionals and students to engage in research and training, nurturing the next generation of leaders in the field.

With its life membership program and a growing network of professionals across India and abroad, IAHP is steadily shaping the future of health psychology by bridging science, practice, and policy. Its efforts reflect a strong commitment to building healthier individuals and communities through psychological insights.

About Indian Institute of Psychology (IIP)

The Indian Institute of Psychology (IIP), founded in 2014 by **Dr. Kranti K. Srivastava in Noida, Uttar Pradesh,** is India's first private organization dedicated exclusively to Psychology. With a focus on Research, Education, Publication, and Application, IIP works to spread awareness about the discipline and its potential to transform lives. The institute offers degree and diploma programs, along with innovative community-oriented services, while maintaining a strong commitment to professionalism, ethics, and academic excellence.

IIP has organized pioneering workshops and training programs, including India's first **ADOS-2 workshop with Dr. Marianna Murin and Emma Woodhouse, AIIMS MCTT-C trainings, and specialized sessions on Past Life Regression Therapy, CBT, Rorschach Inkblot Testing, and developmental disorders.** The organization also contributes to national development through independent and collaborative projects, and regularly publishes research in reputed journals such as the Indian Journal of Developmental Disability, Psychology in India, Psyber News, and the Journal of Positive Psychology.

Focal Theme:

Family Transitions in a Changing World: Psychological Pathways Across Cultures

Sub-Themes:

- Family transitions across the life span
- Culture, family systems, and healthcare
- Migration, displacement, and expatriate families
- Mental health and family well-being
- Chronic illness, disability, and caregiving
- Resilience, coping, and positive psychology in families
- Digital transformation and family life
- Gender roles and changing family dynamics
- Child, adolescent, and youth mental health in family contexts
- Aging, intergenerational relationships, and elder care
- Family-based health promotion and prevention
- Trauma, crisis, and family adaptation
- Clinical, counselling and community interventions with families
- Policy, ethics, and family health systems
- Innovative and Digital assessments in family healthcare
- Cyber-crime and Forensic sciences in the family context
- Impact of mobile and social media addiction on family mental health

Abstract Submission Guidelines

1. Abstracts should be **original, unpublished academic work** and written in **English** only.
2. Only **Microsoft Word (.doc/.docx)** files will be accepted. **PDF format will not be accepted.**
3. The abstract must be **submitted by email** on or before **15th August, 2026** to: **abstract@iahp.health**
4. The abstract **must not exceed 250 words** and should be typed on **A4 paper** with **double spacing**.
5. Include the following items at the top of the abstract file, formatted in **Times New Roman, 14 pt**:
   - Title of the paper
   - Author(s) name(s)
   - Institutional affiliation(s)
   - Email ID of the corresponding author
6. The main text of the abstract should be in **Times New Roman, 12 pt**, in a **structured format** covering the following elements (where applicable):
   - **Background**
   - **Objectives**
   - **Methods**
   - **Results**
   - **Conclusions**
   - **Keywords:** At least **three keywords.**
7. The abstract should be a clear and concise summary of the research, allowing reviewers to assess relevance, quality, and linkage to the conference themes.
8. Each abstract will be **peer-reviewed by the Scientific Committee**, and authors will be notified of acceptance via email.
9. At least one author of each accepted abstract is required to **register for the conference** to confirm inclusion in the program.
10. Accepted abstracts will be scheduled for **Oral (PPT) presentation** during the conference.
11. **Presentation certificates** will be issued **only to registered authors and co-authors**.
12. From the pool of presentations, **30 papers** will be selected by the Scientific Committee for **further review and editorial refinement** and published in an **edited book with an ISBN**, in partnership with a reputable national/international publisher. Additional terms and conditions for publication will be provided by the Organizing Committee.

IAHP Awards

1. Manju Thakur Memorial Oration Award

This award is instituted by Dr. Archana Thakur, Joint Secretary, U.G.C. in memory of her mother. The award is to be conferred at the International Conference of IAHP every year to an eminent scholar for delivering a special lecture on any contemporary issue of health and well-being. The scholar for this award will be nominated by the President, Indian Academy of Health Psychology.

2. Anita Memorial Oration Award:

This award is instituted by Prof. Anand Kumar, President; IAHP in the memory of his beloved wife. The award is to be conferred at the International Conference of IAHP every year to an eminent scholar for delivering a special lecture who has carried out an outstanding work in the area of health and well-being. The scholar for this award will be nominated by the President, Indian Academy of Health Psychology.

3. Dr. Lalit Kumar Vaya Behavioural Health Scientist Award:

This award is instituted by Prof. S. L. Vaya, Life Time Professor, Rashtriya Raksha University, Gandhinagar, Gujarat in the name of her husband. The award is to be conferred at the International Conference of IAHP every year to an eminent scholar who has carried out an innovative work in the applied aspect of health and well-being. The scholar for this award will be nominated by the President, Indian Academy of Health Psychology.

4. Dr. Janmejay Pradhan Innovative Health Scientist Award:

This award is instituted by Dr. Anjali Pradhan, Consultant- Development Sector, New Delhi, in the memory of her husband. The award is to be conferred at the International Conference of IAHP every year to an eminent scholar who has carried out an innovative work in the assessment/digital assessment in health and well-being. The scholar for this award will be nominated by the President, Indian Academy of Health Psychology.

Awards for all Applicants Participating in the 11th ICIAHP-2025

1. G.P. Thakur Young Scientist Award:

A special session for the young scientist award will be organised for young researchers and scholars (age up to 35 years as on 15th August, 2026). The author should be a Life member of IAHP. Paper should be single authored only and a self- declaration to the effect that the paper has neither been presented in any forum nor been published in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 05 papers will be selected for presentation in the IAHP Young scientist award session and remaining papers will be considered for presentation in the relevant scientific sessions. The results will be declared and the citation of IAHP Young scientist award will be presented to the awardee at the valedictory session of the conference.

2. IAHP Best Paper Award:

Best paper award will be organised for researchers and scholars (age up to 45 years as on 15th August, 2026). The author should be a Life member of IAHP. Paper should be single authored only and a self-declaration to the effect that the paper has neither been presented in any forum nor been published in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 05 papers will be selected for presentation in the Best paper award session and remaining papers will be considered for presentation in the relevant scientific sessions. The results will be declared and the citation of IAHP Best paper award will be presented to the awardee at the valedictory session of the conference.

Note: Interested participants applying for the Young Scientist Award or Best Paper Award category are required to submit their abstract and full paper along with their IAHP Life Membership Number, age proof, and self-declaration by **15th August 2026**. The submission should be addressed to **Prof. Anand Kumar, President, Indian Academy of Health Psychology,** and sent via email to **president@iahp.health**

Thailand Digital Arrival Card (TDAC)

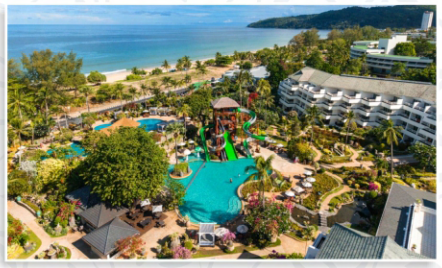
All international participants travelling to Thailand must complete the **Thailand Digital Arrival Card (TDAC)** within 3 days before arrival. The TDAC is mandatory for entry into Thailand. Participants are advised to keep their passport, flight details, confirmed accommodation booking, and return/onward ticket ready before submission. After successful submission, a QR Code will be generated which must be presented during immigration.

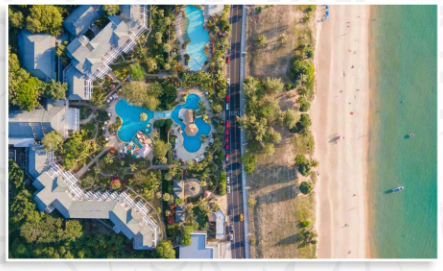
Note: The TDAC application is completely FREE of cost. Participants are strongly advised to apply only through the official Thailand Immigration website and avoid third-party/fake websites charging unnecessary fees.

Official Website:
https://tdac.immigration.go.th/arrival-card/#/home

Venue

Thavorn Palm Beach Resort
311 Patak Road, Karon Beach, Muang,
Phuket 83100, Thailand





How to Reach

The venue is located at Karon Beach, approximately 43 km (50–70 minutes) from Phuket International Airport (HKT).

Transportation Options

- Airport Taxi / Grab Taxi
- Hotel Transfer
- Phuket Smart Bus (Airport → Karon Beach)
  Approx. Fare: 100 THB per person

For detailed travel and transportation information, please visit the conference website.

Registration Fees

Delegate Category	Early Bird Upto 30th June, 2026	Upto 15th August, 2026	16th August, 2026 Onwards
IAHP life member	₹ 25,000	₹ 28,500	₹ 32,000
Non IAHP member	₹ 27,500	₹ 31,000	₹ 34,500
Accompanying Person	₹ 20,000	₹ 22,500	₹ 25,000
International Delegate	$300	$350	$400

REGISTRATION FEE WILL COVER:

- Conference kit including conference kit bag, notepad, pen, ID card, Food Coupons.
- Lunch and Evening Tea during conference days.
- Cultural Fiesta followed by Welcome Dinner on 26th October, 2026.
- Access to inaugural function, all scientific sessions, psychological tests/books exhibition, and valedictory function.
- The Registration fee mentioned above is per person.
- The Registration fee does not cover travel expenses, accommodation and local transportation.
- All the payments are to be made through payment details given in the registration form link.
- Certificates (E-Certificates) for Participation and Presentation (where applicable).
- Registration fee once submitted will not be refunded in any case.

To Register, Scan

AXIS BANK

INDIAN INSTITUTE OF PSYCHOLOGY

UPI ID: MAB.037215000550164@AXISBANK

Bank Details:

Indian Institute of Psychology
Current Account: 924020010588889
Branch: Axis Bank, Delhi, India
IFSC : UTIB0000055 | Swift Code: AXISINBB055

IAHP Phuket

Conference Secretariat

Conference Chairman
Prof. Anand Kumar
+91 94152 02167

Organizing Secretary
Dr. Kranti K. Srivastava
+91 98107 82203

For all Communication:
Ms. Gurjit Kaur
+91 92891 12107
registration@iahp.health

To Register, Scan

Our Platinum Sponsors

PRASAD PSYCHO®

PRASAD PSYCHO® digiConnect

Dr. Kranti™

www.prasadpsycho.com